

## REGULATIONS OF THE 6<sup>TH</sup> NIGHT PKO WROCLAW HALF MARATHON Wrocław, 16 June 2018

### I. OBJECTIVE

1. Popularisation and promotion of running as the simplest form of physical activity.
2. Promotion of the City of Wrocław.

### II. ORGANISER

The organiser of the half marathon is Gmina Wrocław (Commune of Wrocław) – Młodzieżowe Centrum Sportu Wrocław (Youth Sport Centre Wrocław), PL 51-612 Wrocław, al. I. J. Paderewskiego 35, tel. +48 717334079, e-mail: [biuro@wroclawmaraton.pl](mailto:biuro@wroclawmaraton.pl).

### III. DATE AND PLACE

1. The race will take place on **16 September 2018** on the streets of Wrocław, on one loop.
2. **Start:** al. Paderewskiego at 22:00 a.m. The competitors must check in at the start from 9:30 p.m. to 9:45 p.m.  
**Finishing line:** the area of the Olympic Stadium.
3. **The route goes along the streets of Wrocław. Route length: 21.0975 km.** The route has approvals of AIMS and PZLA.
4. The competitors shall position themselves at the start according to the following order: on the start line, the half marathon elite - competitors having numbers from 1 to 200. About 10 m behind the elite, the other competitors shall position themselves. The remaining competitors must position themselves in the time zones that will be marked in the start avenue, being proper for their own sport level.  
The following persons shall be invited to the half marathon elite:
  - a. competitors with the best times achieved in 2017 and 2018,
  - b. the Marathon Golden Two - the competitors who have completed all Silesians Marathons and Wrocław Marathons,
  - c. competitors invited by the Director of the 6<sup>th</sup> Night PKO Wrocław Half Marathon.
5. The competitors shall start in waves. Firstly, the elite shall start and next, the competitors according to the declared times of half marathon completion. The groups shall start in time intervals.
6. The route shall be closed for longitudinal wheel traffic in compliance with the decision on the use of the half marathon route in a special way. The competitors shall be bound with the time limit amounting to 3 hours net. The competitors who at the halfway point of the half marathon achieve the time exceeding 1.5 hours shall be obliged to stop running and to leave the race route. All competitors who fail to reach the finishing line by 3:30 p.m. shall be obliged to stop running and to leave the route or to ride to the finishing line by a microbus with the inscription: KONIEC BIEGU (END OF RACE).
7. 99% of the half marathon race has asphalt surface and 1% - cobble surface.
8. The route shall have **all kilometres marked: from 1 to 21 (every 1 km).**
9. The time checking points shall be located: **at the start, on kilometre 5, 10, 15, 18** and on the finishing line.
10. **The nutrition points** shall be located on about: **kilometre 6, 12, 15, 18.**  
At every point, there shall be subsequently:
  - a. tables with sugar lumps (on kilometre 12 and 18),
  - b. bowls with clean water,
  - c. tables with cups with 100 ml of isotonic drink (except kilometre 15),
  - d. tables with cups with 100 ml of natural mineral water.
11. At the nutrition points, there will be medical points and a toilet behind the points.

### IV. PARTICIPATION

1. Persons who will reach 18 years of age by 16 June 2018 shall be entitled to take part in the Night PKO Wrocław Half Marathon.
2. All competitors participating in the 6<sup>th</sup> Night PKO Wrocław Half Marathon must be verified in the Half Marathon Secretariat located in the Multi-Functional Hall of the University School of Physical Education in Wrocław, al. I. J. Paderewskiego 35 (Olympic Stadium). Verification of competitors shall take place on 15 June 2018 from 2:00 p.m. to 10:00 p.m. and on 16 June 2018 from 9:00 a.m. to 9:00 p.m. The starting packages shall be handed over on 15 and 16 June 2018 during the verification. The packages not collected on those days shall remain at the disposal of the organiser. The participants shall be obliged to:
  - a. have an ID card for control of the date of birth and citizenship, subject to point V/12b,
  - b. sign Appendix 1 hereto,
  - c. acknowledge receipt of the starting package during the verification (start number, a set of pins for fixing of the number to the T-shirt).
3. Decisions of the doctors relating to continuation of the race during the event shall be final and irrevocable.

4. Measurement of time and determination of order in the Night PKO Wrocław Half Marathon shall be made by means of an electronic system, on the basis of the chips stuck to the start numbers. Every competitor shall get a start number with a chip during the verification. The first 50 competitors shall be classified according to the place taken at the finishing line (gross time). The 51<sup>st</sup> competitor and the next competitors shall be classified according to actually achieved time of completion of the half marathon (net time). Possession of the number during the entire race, moving solely on the half marathon route and passing through all time checking points shall be the condition for taking part in the half marathon and being classified in the final announcement. During the race, all competitors must have start numbers fixed to their T-shirts on the chest. It shall be unacceptable, under the rigour of disqualification, to cover the start point (in its entirety or in a part) and to shorten the route.
5. The deposit shall accept personal objects of the competitors on 16 June 2018 from 7:00 p.m. to 10:00 p.m. It shall be possible to collect the objects to 17 June 2018 by 2:00 a.m. The bags shall be given out from the deposit against presentation of the number. Losing of the number by the competitor shall relieve the organiser from liability for collection of the bag by another person.
6. Changing rooms, toilets and showers with hot water shall be located on the Olympic Stadium in the Multifunctional Hall of the University School of Physical Education in Wrocław and shall be made available on 16 June 2018 from 7:00 p.m. to 17 June 2018 to 2:00 a.m.
7. Toilets shall be located on 16 June 2018 on the area of the Olympic Stadium near the start and near the finishing line.

## V. ENTRIES

1. Entries for participation in the 6<sup>th</sup> Night PKO Wrocław Half Marathon shall be accepted solely electronically through completion of the entry form inserted on the website of the marathon: [www.wroclawmaraton.pl](http://www.wroclawmaraton.pl).
2. Making of the entry shall be considered as performance of the following two activities by the competitor, in the following order:
  - a. completion of the entry form on the website: [www.pol.wroclawmaraton.pl](http://www.pol.wroclawmaraton.pl)
  - b. making of the payment for the starting package via electronic payments in the Internet entry panel or to the bank account of **Gmina Wrocław (Commune of Wrocław) – Młodzieżowe Centrum Sportu Wrocław (Youth Sport Centre Wrocław)** in PKO BP bank with number: 13 1020 5226 0000 6602 0462 7032 (in transfer reference, please write: 'opłata za pakiet startowy półmaraton' (fee for the half marathon starting package) and give the name and surname of the competitor as well as their year of birth). SWIFT code: BPKOPLPW. **The made payment shall not be subject to returning.** The date of performance of the last of the aforementioned activities shall decide on the entry date. It shall be possible to make an online payment - the payment shall be possible on the stage of competitor registration
3. **The competitors making the payments outside the electronic payment channel in the entry panel shall be obliged to make the payment within maximum 3 working days from the date of completion of the entry form and keep the confirmation of the made payment.**
4. Entry for participation in the 6<sup>th</sup> Night PKO Wrocław Half Marathon shall constitute confirmation of acquaintance of the competitors with these Regulations, undertaking to observe them and expression of consent to personal data processing and the use of the image of the participants, including consent to insertion of this data in TV, radio, Internet and printed messages as well as to sending of information and questionnaires relating to the competitions organised currently and in the future by the organisers of the 6<sup>th</sup> Night PKO Wrocław Half Marathon, signed by the person granting the authorisation. The detailed scopes of the required consents are contained in the representation form constituting Appendix 1 hereto.
5. The data of the competitor and their start number shall be entered in the start list after posting of the payment.
6. **Deadline for entries and amount of the fees:**
  - a. due to limited number of participants (**limit of 12,000 persons**) and the need to prepare special numbers and starting packages, four deadlines shall apply:
    - **deadline 1** – for the first 3,000 competitors, the entry fee shall amount to PLN 80.00,
    - **deadline 2** – for competitors 3,001 to 6,000, the entry fee shall amount to PLN 90.00,
    - **deadline 3** – for competitors 6,001 to 9,000, the entry fee shall amount to PLN 110.00,
    - **deadline 4** – for competitors 9,001 to 12,000, the entry fee shall amount to PLN 130.00.

A computer shall be available in the Half Marathon Secretariat on 15 June 2018 and on 16 June 2018 in order to check the history of transactions and to print the confirmation.

- b. The competitors who are 60 years of age or older (year of birth 1958 and earlier) and who send the completed entry form by 30 April 2018 shall pay the amount of PLN 1.00 for the starting package (within the available limit).
- c. For competitors making entry for the 6<sup>th</sup> Night PKO Wrocław Half Marathon and the 36<sup>th</sup> PKO Wrocław Marathon (including the European Masters Marathon Championship), the total fee for both starting packages shall be decreased by **PLN 15.00**. In transfer reference, please write: 'opłata za pakiety Półmaraton i Maraton' (fee for Half Marathon and Marathon packages) – the total fee may be paid only to

15 May 2018. Assignment of number in the 6<sup>th</sup> Night PKO Wrocław Half Marathon shall be possible within the available limit.

7. Assignment of the starting number (transfer of the number to another competitor) shall be possible to 01 June 2018. The manner of performance of the assignment shall be determined by the entry form operator. The previous holder of the number shall cover the cost of performance of the assignment in the amount of PLN 10.00.
8. The competitors who make the entry after 31 May 2018 shall get a standard start number (without name and surname) and the starting package in the Half Marathon Secretariat.
9. In case of non-exhaustion of the limit of competitors till 13 June 2018, the entry form shall be excluded. After closure of electronic entries, making of the entry shall be possible in the Half Marathon Secretariat during verification on 15 June 2018.
10. The following persons shall be entitled to take part in the 6<sup>th</sup> Night PKO Wrocław Half Marathon on condition of making of the entry and of the payment in the amount of **PLN 1.00** before exhaustion of the limit of places or to 28 February 2018:
  - a. Grzegorz Lechowski i Marek Musiał: the Marathon Golden Two (the competitors who have completed all Silesians Marathons and Wrocław Marathons),
  - b. Medallists of the 25<sup>th</sup> Open Long-Distance Running Wrocław Championship,
  - c. Winners of Silesians Marathons, Wrocław Marathons and Night Wrocław Half Marathons,
  - d. Winners of the age categories from the 5<sup>th</sup> Night PKO Wrocław Half Marathon,
  - e. Competitors invited by the Director of the Half Marathon.
11. Participants of the 10<sup>th</sup> edition of the programme 'I Ty możesz zostać maratończykiem' (You also may become a marathon runner) shall make the entry in compliance with the programme regulations.
12. The Half Marathon Secretariat is located in Wrocław at al. I.J. Paderewskiego 35, PL 51-612 Wrocław, tel. +4871 733 40 79, e-mail: biuro@wroclawmaraton.pl and works from 7:00 a.m. to 3:00 p.m. The Secretariat shall work under this address to Friday 15 June 2018 to 10:00 a.m. and after the half marathon, from 18 June 2018. On Friday 15 June 2018 from 2:00 p.m. to 10:00 p.m., on Saturday 16 June 2018 from 9:00 a.m. to 9:00 p.m., the Half Marathon Secretariat shall be located in the game room of the Multifunctional Hall of the University School of Physical Education at the Olympic Stadium and it shall hand over the start numbers and the starting packages.
13. **The condition for positive verification on 15-16 June 2018 shall be:**
  - a. personal attendance of the competitor and submission of a signed representation according to the content of the form constituting Appendix 1 hereto, or
  - b. attendance of an authorised person who shall be obliged to submit an original of an authorisation signed by the competitor, on behalf of which the verification is performed, according to the content of the form constituting Appendix 2, together with a photocopy of an ID document of the competitor granting the authorisation (ID card or passport) for inspection, as well as representations from Appendix 1 hereto, signed by the competitor, on behalf of which the verification is performed.

## VI. CLASSIFICATIONS

1. The following classifications will be kept in the 6<sup>th</sup> Night PKO Wrocław Half Marathon:
  - a. individual:
    - women's,
    - men's,
    - in women's and men's age categories:
      - W & M - 20: 18- 29 years, - W&M - 40: 40-49 years, - W&M - 60: 60- 69 years, - W&M - 80: 80 and older.
      - W&M - 30: 30- 39 years, - W&M - 50: 50- 59 years, - W&M - 70: 70- 79 years,
  - b. team: three best competitors from a given team regardless of their sex, on condition of entering of identical team name (the lowest total times of team members shall decide on the victory).
2. The competitors who complete the 6<sup>th</sup> Night PKO Wrocław half Marathon shall get the points for the 26<sup>th</sup> Open Long-Distance Running Wrocław Championship.

## VII. PRIZES

1. The winners of the 6<sup>th</sup> Night PKO Wrocław Half Marathon shall get:
  - a. cups in:
    - men's classification: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place,
    - women's classification: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place,
    - female citizens of the Republic of Poland - 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place,
    - male citizens of the Republic of Poland - 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place,
    - team classification: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place - 3 cups each,
  - b. cash prizes:

- in women's classification:
  - 1<sup>st</sup> place - PLN 4,000,
  - 2<sup>nd</sup> place - PLN 3,000,
  - 3<sup>rd</sup> place - PLN 2,000,
  - 4<sup>th</sup> place - PLN 1,500,
  - 5<sup>th</sup> place - PLN 1,000,
- in the classification of female citizens of the Republic of Poland:
  - 1<sup>st</sup> place - PLN 3,000,
  - 2<sup>nd</sup> place - PLN 2,500,
  - 3<sup>rd</sup> place - PLN 2,000,
  - 4<sup>th</sup> place - PLN 1,500,
  - 5<sup>th</sup> place - PLN 1,000,
- in men's classification:
  - 1<sup>st</sup> place - PLN 4,000,
  - 2<sup>nd</sup> place - PLN 3,000,
  - 3<sup>rd</sup> place - PLN 2,000,
  - 4<sup>th</sup> place - PLN 1,500,
  - 5<sup>th</sup> place - PLN 1,000,
- in the classification of male citizens of the Republic of Poland:
  - 1<sup>st</sup> place - PLN 3,000,
  - 2<sup>nd</sup> place - PLN 2,500,
  - 3<sup>rd</sup> place - PLN 2,000,
  - 4<sup>th</sup> place - PLN 1,500,
  - 5<sup>th</sup> place - PLN 1,000,

4. The winners of the 6<sup>th</sup> Night PKO Wrocław Half Marathon shall additionally get cash bonuses for obtaining of the following sport results:

bonuses for 3 fastest women			
	< 01:11:42	< 01:12:30	< 01:13:30
1 <sup>st</sup> place	PLN 5,000	PLN 2,000	PLN 1,500
2 <sup>nd</sup> place	x	PLN 1,500	PLN 1,000
3 <sup>rd</sup> place	x	PLN 1,000	PLN 800

bonuses for 3 fastest men			
	< 01:02:27	< 01:03:30	< 01:04:30
1 <sup>st</sup> place	PLN 5,000	PLN 2,000	PLN 1,500
2 <sup>nd</sup> place	x	PLN 1,500	PLN 1,000
3 <sup>rd</sup> place	x	PLN 1,000	PLN 800

5. The winners in the age categories of women and men shall acquire the right to take part in the 7<sup>th</sup> Night PKO Wrocław Half Marathon (on condition of making of the entry to 28 February 2019).
6. Tangible prizes shall be obtained by:
- The best female and male inhabitant of Lower Silesian Voivodeship,
  - The best female and male inhabitant of Wrocław,
7. All female and male competitors who complete the half marathon in 3 hours shall obtain occasional medals. The medals shall be handed in after passing of the finishing line.
8. Personal income tax shall be deducted from the cash prizes and bonuses in compliance with applicable legal provisions.
9. The cups and the tangible prizes shall be handed in to the winners of the 6<sup>th</sup> Night PKO Wrocław Half Marathon according to the minute programme of the event. It shall be possible to collect the prizes not collected during the decoration within 30 from the date of completion of the race. After that time, they shall remain at the disposal of the organiser.
10. The cash prizes and bonuses acquired by the female and male competitors shall be provided solely via bank transfer to the indicated personal bank account of the competitor (the prizes shall not be paid in cash) to 31 July 2018.
11. The female and male competitors taking the 1<sup>st</sup> - 10<sup>th</sup> place may be subjected to anti-doping tests after completion of the race. The tests shall be conducted by the Anti-Doping Commission. Every female and male competitor selected by the Anti-Doping Commission shall be obliged to undergo the anti-doping tests, under the rigour of disqualification. In case of detection of prohibited substances in sample A, the competitor shall be entitled to request testing of sample B at their own cost. In case of a negative result of sample B, not confirming use of prohibited substances, the result of the competitor shall be maintained in the list, while in case of confirmation of the result of sample A, the Director of the Wrocław Half Marathon shall disqualify the competitor. The disqualification decision shall be final and the provisions of PZLA relating to the appeal possibility shall not apply thereto.
12. The list of prohibited substances and methods is determined in Appendix 1 to the International Convention against Doping in Sport dated of 19 October 2005, with updates.

## VIII. ACCOMMODATION

1. The organiser shall provide a part of the competitors with accommodation in dormitories. The competitors shall get the information and make the booking and the payment on their own in:
- a. Dom Studencki 'Spartakus' and Camping AWF Wrocław, Olympic Stadium, +48 713473385. Bookings after 15 April 2018
  - b. Akademik 'Bliźniak' Uniwersytetu Medycznego im. Powstańców Śląskich, ul. Wojciecha z Brudzewa 12, tel. +48 713484232, ext. 21, e-mail: joanna.kluza@umed.wroc.pl.
2. Persons interested in accommodation in hotels or interested in other tourist services shall contact the hotels directly. Tourist Information Centre +48 713443111.

## IX. NUTRITION

1. After completion of the race, at the finishing line the competitors shall obtain: natural spring water, isotonic drink, tea, banana and regeneration meal.
2. Nutrition on the route during the race is determined in point III hereof.

## X. FINANCING

1. The costs of organisation of the 6<sup>th</sup> Night PKO Wrocław Half Marathon shall be covered by:
  - a. Gmina Wrocław (Commune of Wrocław),
  - b. PKO BP – Titular Sponsor,
  - c. Partners and institutions supporting the 6<sup>th</sup> Night PKO Wrocław Half Marathon.
2. The costs of the entry fee, travels and other services shall be covered by the event participants.
3. The verified competitors shall be entitled to free use of collective urban and suburban transport (tramways, buses) on 16 and 17 June 2018 against demonstration of the start number.
4. Within the fee for the starting package, the participant shall obtain:

a. start number + pins,	d. regulations with the map of the route,	f. sports T-shirt,
b. sponge,	e. drinks and bananas at the finishing line,	g. potentially gifts.
c. drinks and sugar on the route,		

## XI. FINAL PROVISIONS

1. The organiser shall provide medical care at the start, on the route and at the finishing line of the half marathon. Medical teams shall move on the route and provide aid in compliance with the Medical Protection Plan approved by the competent Office. The participants of the half marathon may use the massages given by the students of the University School of Physical Education in Wrocław.
2. Written protests shall be accepted at the stage of the 6<sup>th</sup> Night PKO Wrocław Half Marathon on 17 June 2018 to 01:30 a.m. The protests shall be examined within 1 hour from their submission.
3. The participants of the race shall be obliged to wear aesthetic clothes and sports shoes in compliance with the provisions of PZLA.
4. The competitor confirms that they take part in the half marathon on their own responsibility and bear the risk connected therewith, acknowledging the fact that participation in the half marathon is connected with physical effort and entails natural risk and threat of accidents, possibility to suffer injuries (including death) as well as material damages and losses.
5. The competitors who discontinue the race shall be able to use the car with the inscription 'Koniec Biegu' (End of Race), which shall take them to the Olympic Stadium.
6. Only vehicles with a special pass, displayed in a visible place, shall be allowed to move on the route of the half marathon.
7. The competitors shall be insured against accidents. The details of the policy (insurer, policy number, guaranteed insurance sum, general insurance terms & conditions) shall be published on the website, in section 'Regulamin' (Regulations) by 15 May 2018.
8. The organiser reserves the right to change the date of the race due to occurrence or forecast of occurrence of Force Majeure, reported by the competent institutions.
9. Appendix 1 and Appendix 2 shall be an integral part hereof.

Director of the  
6<sup>th</sup> Night PKO Wrocław Half Marathon  
Wojciech Gęstwa